

## Putting on personal protective equipment (PPE)

### 1. Wash Hands

- Perform proper Hand Hygiene.



### 2. GOWN

- Fully cover torso from neck to knees, arms to end of wrist, and wrap around the back.
- Fasten in back at neck and waist.



### 3. MASK OR RESPIRATOR

- Secure ties or elastic band at middle of head and neck.
- Fit flexible band to nasal bridge.
- Fit snug to face and below chin.
- Fit-check respirator.



### 4. GOGGLES/FACE SHIELD

- Put on the face and eyes and adjust to fit.



### 5. GLOVES

- Use non-sterile for isolation.
- Select according to hand size.
- Extend to cover wrist of isolation gown.



### SAFE WORK PRACTICES

- Keep hands away from face.
- Limit surfaces touched.
- Work from clean to dirty.
- Change when torn or heavily contaminated.