



Ministry of Health  
Directorate of Infection Control

### **Dear visitor.... Dear client:**

**For your safety and the safety of others, please follow the following instructions before you visit a patient in an airborne isolation room:**

- 1- Do not visit patients if you have symptoms such as high temperature or cough or severe fatigue, diarrhea and vomiting.
- 2- Maintain the number of visitors to a minimum during the patient stay in the isolation room.
- 3- Go first and directly to the nurse in charge of the patient to take instructions and get trained on wearing the personal protective equipment.
- 4- Make sure not to bring children, pregnant women, the elderly, or those with weak immune system and chronic lung or heart disease.
- 5- Record your name and the required information fully in the register book.
- 6- Clean your hands using an alcohol-based hand sanitizer and wear protective equipment, a respirator (N95) and a medical glove.
- 7- Do not touch your eyes, nose, mouth or surfaces and do not use the patient's personal stuff or the patient's bathroom during your visit to the patient in isolation.
- 8- Stand at a distance from the patient at least one meter to avoid any transmission of droplets to you.
- 9- Do not bring or eat or drink in the patient's room. It is not allowed for any person to stay as a company to the patient in the isolation room.
- 10- Before leaving the patient's room, get rid of the glove and then gown in the waste container placed for this purpose then sanitize your hands, then go outside the room while wearing the respirator and remember to close the door of the isolation room.
- 11- Dispose the respirator outside the patient's room by holding the rubber bands from the back and then sanitize your hands again by alcohol-based hand rub.
- 12- Do not visit other patients at the hospital after visiting a patient in the isolation room.

**With our best wishes for a speedy recovery**